

SHS Lion Parent,

I hope this letter finds you enjoying a restful and relaxing summer. At Spring High School, we are preparing for a championship season and want to inform you of important events and dates. We will have a Parent Night on Thursday, July 29th at 6:00 p.m. This will be an excellent opportunity for you to meet the entire coaching staff as well as get a set of rules and regulations for your student-athlete(s). This will also give you a chance to ask any questions you may have regarding the upcoming season. Below is a calendar of important football dates/times. The specific times listed are “start” times, so please have your son(s) at the specified location 30 minutes early. If you have any questions or concerns, please do not hesitate to call or email me directly.

Respectfully,

Sam Parker

Head Football Coach/Athletic Coordinator

281-891-7075 / LPARKER@springisd.org

JULY – 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12 SPEED AND POWER PROGRAM	13 SPEED AND POWER PROGRAM	14 SPEED AND POWER PROGRAM	15 SPEED AND POWER PROGRAM	16 OFF	17
18	19 OFF	20 OFF	21 OFF	22 OFF	23 OFF	24
25	26 SPEED AND POWER PROGRAM	27 SPEED AND POWER PROGRAM	28 SPEED AND POWER PROGRAM	29 PARENT NIGHT 6:00 P.M.	30 OFF	31

AUGUST 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 LIFT & RUN ON YOUR OWN	3 LIFT & RUN ON YOUR OWN	4 LIFT & RUN ON YOUR OWN	5 LIFT & RUN ON YOUR OWN	6 OFF	7
8	9 2-A-DAYS BEGIN Practice	10 PRACTICE	11 PRACTICE	12 PRACTICE	13 PRACTICE	14 PRACTICE
15	16 PRACTICE 3:00 – 6:00	17 PRACTICE 3:00 – 6:00	18 PRACTICE 3:00 – 6:00	19 PRACTICE 3:00 – 6:00	20 SCRIMMAGE CLEAR SPRINGS 8:00 A.M.	21 VIDEO PICTURE DAY 8:00 A.M.
22	23 1ST DAY OF SCHOOL AFTER SCHOOL	24 PRACTICE AFTER SCHOOL	25 PRACTICE AFTER SCHOOL	26 VARSITY PRACTICE – 7:30 A.M. JV VS CONROE	27 1ST GAME VS CONROE	28 VARSITY - VIDEO AND WEIGHTS 10:00 A.M.